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EMERGENCIES REPORT | 2025



PALESTINE

Gaza on Brink of Famine

A new report from the Integrated Food Security Phase Classification (IPC) warns that Gaza's entire population is at imminent risk of famine, with over 1 million people facing emergency levels of hunger.

At least 80 children have died of starvation amid the ongoing blockade.

Exacerbating the situation, Gaza's Health Ministry has urgently appealed for essential medical equipment and supplies as hospitals are reportedly operating with severely outdated equipment. The ministry warned that the shortages are obstructing medical procedures and increasing the risk of infections, compounding an already dire healthcare crisis in Gaza.

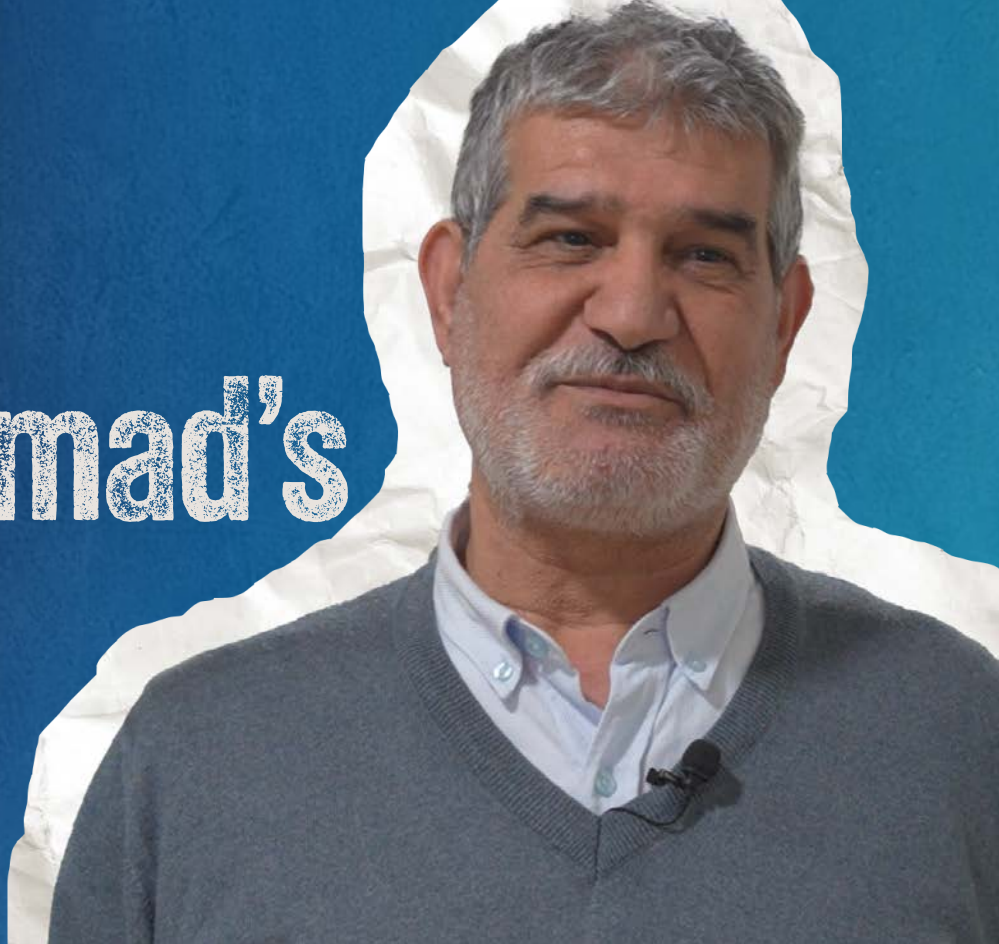
While issues related to the delivery of humanitarian aid persist, thanks to your help, IRUSA partners are continuing to work on the following interventions:

- *Provision of gender-sensitive hygiene kits to people in shelters*
- *Provision of vital medical supplies to healthcare facilities including Al-Ahli Arab Hospital*
- *Access to mobile medical clinics for internally displaced people (IDPs)*
- *Access to psychosocial support for children and adults including self-care workshops, mind-body skills groups, counseling sessions, and recreational activities*



Abu Mohammad's Story

 PALESTINE



At Al-Esraa Hospital in Tulkarem, the hallways are always bustling with patients seeking care under incredibly difficult conditions—especially in recent months. Among them is Abu Mohammad, a middle-aged man living with several chronic illnesses: diabetes, hypertension, and heart complications that require both a pacemaker and cardiac stents.

“Heart and blood pressure medications are expensive,” he explained. This has long been true, but the worsening economic conditions in Palestine have made it even harder to afford them. “In the past year and a half, work has decreased, and jobs are scarce. There were already people in need, but with the current circumstances, things have become even harder. People who were above the poverty line are now below it—some even far below it.”

This reality has pushed life-saving resources like medications far out of reach for many. In response to these growing needs, IRUSA has ramped up support to hospitals and medical facilities across Palestine—expanding our reach to areas that have been facing escalated violence like Tulkarem.

For Abu Mohammad, the impact of this support has been significant. “This [aid] helped ease the financial burden on me and others who depend on these medications,” he said. He can now access his medications more easily, which allows him to manage his health while redirecting any saved funds toward his family’s other needs.

Abu Mohammad expressed his heartfelt appreciation. “I thank [IRUSA] for helping people—especially now, when the need is greater than ever,” he said. For now, Abu Mohammad walks out of Al-Esraa with renewed hope.

SUDAN

Two Years of Crisis

Two years of crisis in Sudan has created **one of the world's worst hunger crises**, with famine spreading quickly across the country. **Nearly 25 million people – more than half the population – are facing acute food shortages.** Extreme violence against civilians and humanitarian aid workers, with hundreds of people killed in the last few weeks alone, has resulted in the suspension of vital humanitarian work and humanitarian catastrophe.

Hiba, 45, who fled to a camp in eastern Sudan after escaping attacks near her home, shared her fears:

"I know that at least five people have died of hunger in the camp. My life before the war was very sustainable and easy, but now living conditions here are bad. I survive on one meal a day of flour mixed with water and sugar. The nutrition value of the food is bad and it doesn't provide what's needed for my children. I give them a lot of the food but it's not enough for them. They get ill more and are getting lighter and weaker. I'm lighter than I was and my dress doesn't fit anymore. I think the situation will continue and my children and I will get weaker and weaker."

While issues related to the delivery of humanitarian aid persist, IRUSA has successfully completed the following interventions:

- Food aid for 7,000 people
- Access to clean water for 74,320 people
- Provision of hygiene kits for 2,500 people, non-food item (NFI) kits for 1,550 people, and dignity kits for 1,000 people
- Hygiene promotion sessions for 17,550 people
- Access to medical care for 50,000 people including psychosocial support
- Access to agricultural tools including farm seed and livestock for 31,460 farmers
- Climate awareness sessions for 16,695 people
- Cash assistance for 34,590 people
- Access to vocational training for 520 people including youth
- Access to temporary shelter for 4,380 people

SYRIA

What's Happening in Syria?

After 14 years, when peaceful protests quickly spiraled into civil war, opposition forces have taken back the Syrian city of Damascus.

Where does this leave the people of Syria?

Experts report the death toll from the onset of the crisis in 2011 is **as high as 620,000 people; more than 14 million Syrians** have been forced to flee their homes; and the UN estimates **16.7 million people – more than 70 percent of the country's population** – are in need of humanitarian assistance.

The standard of living has been set back by decades. **More than 70% of Syrians are living in poverty**, having lost their livelihoods and unable to meet their basic needs including access to food, clean water, or proper healthcare. The children of Syria are of the most affected as many don't know life outside of the war and will be forced to face the long-term effects of physical and mental trauma.

Yet, hope remains.

Rukban Camp: Returning Home

In response to the ongoing humanitarian crisis in Rukban Camp, IRUSA launched a comprehensive mission to assess the needs of remaining families and facilitate their voluntary repatriation. **Thanks to your support, 86 families from Rukban Camp were safely and voluntarily returned to their hometowns.** Yasmine, whose family returned home to the town of al-Qaryatayn in the eastern part of Syria's Homs province, exclaimed tearfully, *"What can I say? It was a happiness that cannot be described. Even though our house is destroyed, it's a castle in my eyes."*



MYANMAR

Myanmar-Thailand Earthquake

In March 2025, a 7.7 magnitude earthquake hit central Myanmar, striking the country's second biggest city, Mandalay, and felt over 600 miles away in the Thailand capital, Bangkok. **More than 150 people died, over 700 people were injured,** and civilian infrastructure was destroyed.

To this day, IRUSA continues to provide emergency aid including cash assistance to help earthquake-affected families meet their most basic needs including food, water, and temporary shelter.



Donate to our Emergency Fund

Our Emergency Fund allows us to act fast. When every second counts, your support can mean the difference between life and death.



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