

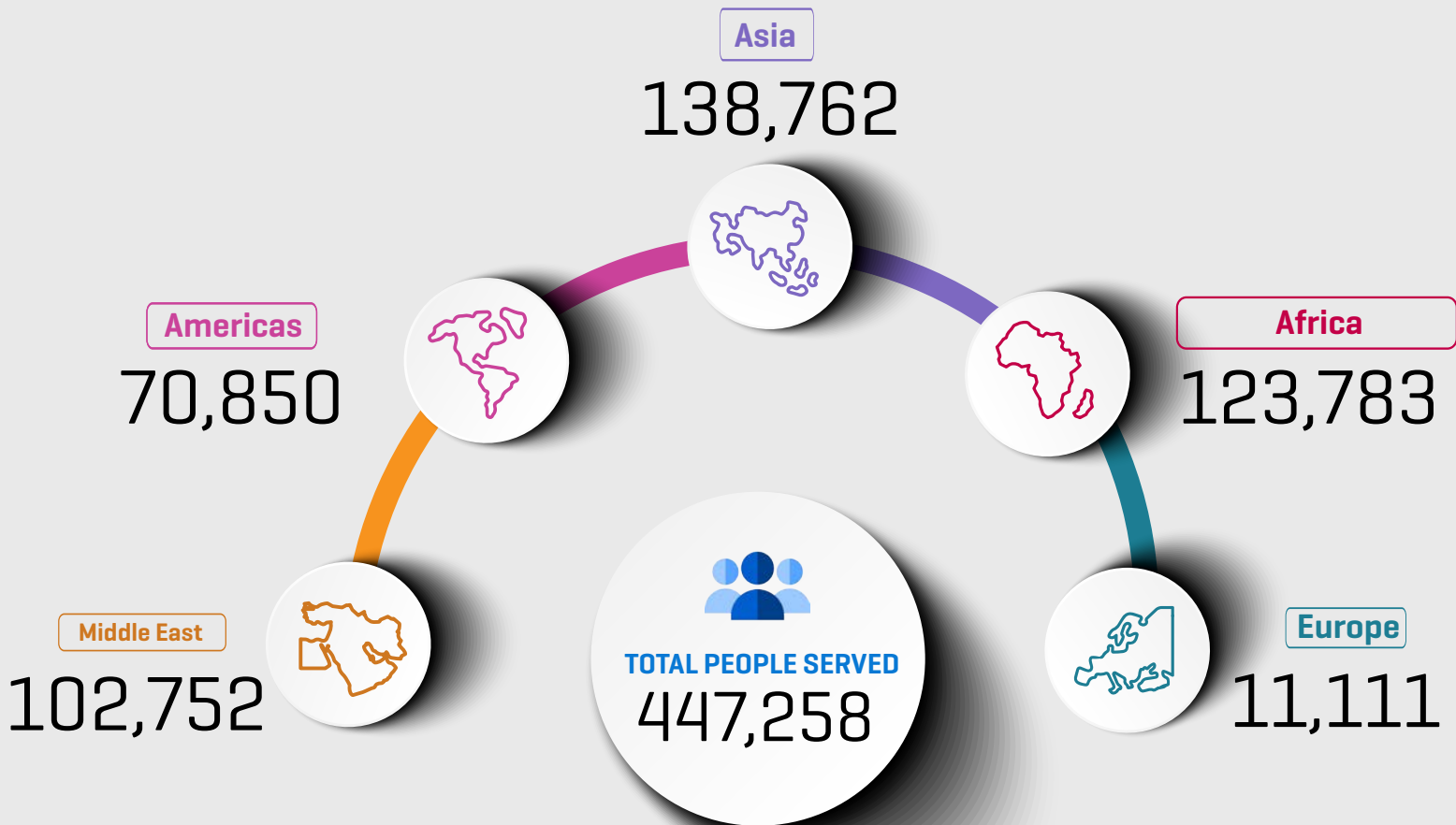


OUR WORK ACROSS Ramadan

OVERVIEW

Food aid is the largest sector of Islamic Relief's humanitarian aid, and our worldwide distribution during the month of Ramadan plays a huge role. Packed with food important to the local diet as well as essential nutrients and vitamins, our Ramadan food boxes help feed vulnerable families across the globe. **In 2023, with your support, we provided 59,595 food boxes to over 447,000 people!**

YOUR DONATIONS IN ACTION: 2023 AT A GLANCE





CASE STUDY: SULTANA'S STORY

Sultana helps support her husband and three children by harvesting potatoes during potato season, and tailoring clothing during the off season. She earns roughly \$2.25 a day harvesting potatoes, and \$1.80 a week from tailoring.

“My work is seasonal. I do not have any steady income. I feel bad when I cannot share family expenses. My husband does not earn much and it is difficult for him to [provide for] the whole family with his little income.”

Since they do not have a stable income, they often go hungry. “We eat one or maximum two meals a day instead of three meals. My daughters suffer from malnutrition due to lack of food and become physically weak.” Thanks to donors like you, during the month of Ramadan, Sultana receives enough food to last the family the entire month.

“This Ramadan food pack is a great help to me. We are a family of five members. We hardly manage three meals. Now, Islamic Relief has ensured our meals in Ramadan. I would like to extend my sincere thanks and gratitude to Islamic Relief from the bottom of my heart.”

THANK YOU

Thank you for your continuous support of Islamic Relief. Your donations help provide access to basic needs for vulnerable families across the US. The impact of your investment is incredible so far, masha'Allah, and we pray that you continue to work with us. May Allah reward you for your compassion and humanitarianism.