



01

BRING DELICIOUS DATES TO YOUR LOVED ONES AND YOUR NEIGHBOURS.



02

HELP YOUR PARENTS PREPARE IFTAR DINNER.





03

I HELP MY ELDERLY NEIGHBOUR CARRY THEIR GROCERIES WHILE MAINTAINING SOCIAL DISTANCING.



2021



04



WATER ALL THE PLANTS AND FLOWERS AROUND THE HOUSE.

2021

I HELP MY SIBLINGS WASH THEIR HANDS.



SET THE TABLE FOR IFTAR DINNER.





Islamic Relief
Suisse

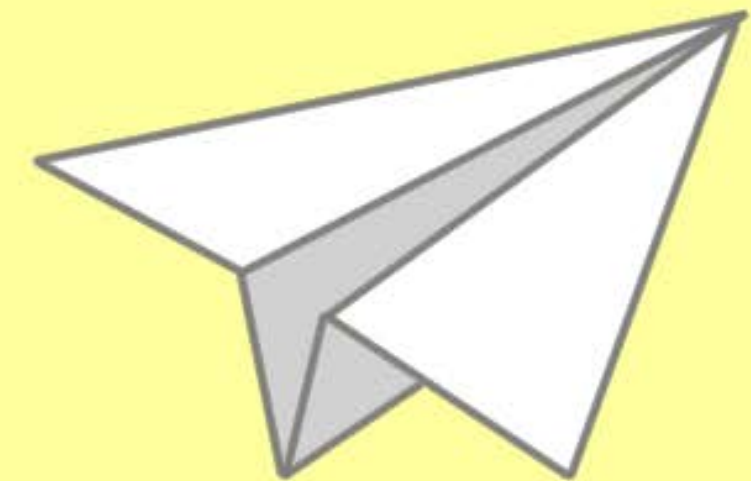
07



PICK SOME
FLOWERS FOR
YOUR MUM.



08



I SEND A
POSTCARD TO A
LOVED ONE WHO
LIVES ALONE



SORT THE RUBBISH AT HOME TO HELP OUR PLANET.



COMPLIMENT PEOPLE AROUND YOU.





11



I HELP MY PARENTS TIDY UP OUR GROCERIES.



12



FEED THE BIRDS.



I HEAR FROM MY RELATIVES BY PHONE.



I MAKE A DRAWING FOR ORPHANS SPONSORED BY ISLAMIC RELIEF.

CLEAN AND ORGANISE YOUR ROOM.

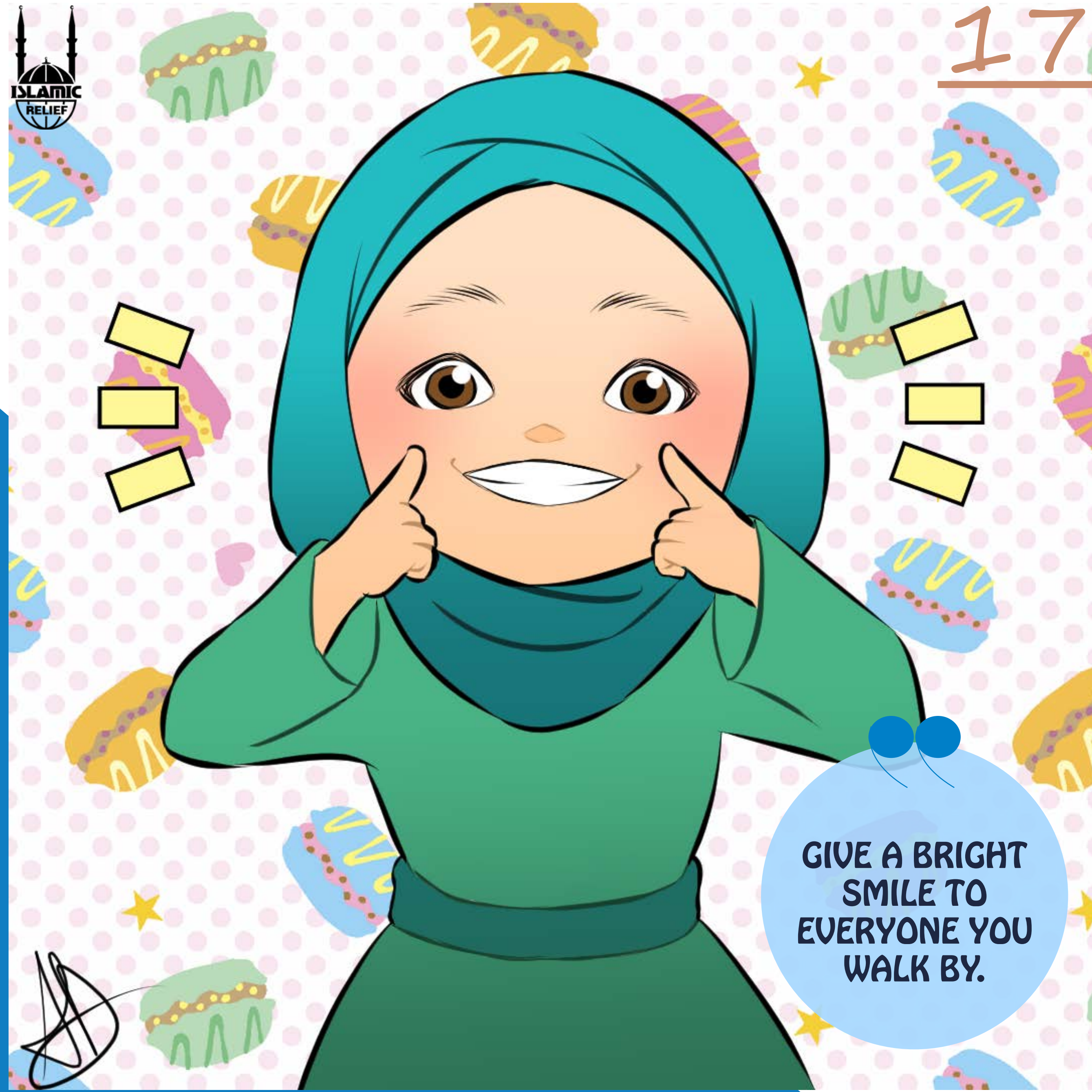


BAKE A CAKE WITH YOUR PARENTS.





17



GIVE A BRIGHT SMILE TO EVERYONE YOU WALK BY.



18



PICK UP RUBBISH AT THE PARC TO HELP OUR PLANET.



DRAW A NICE PICTURE FOR YOUR PARENTS.



PLAY WITH YOUR SIBLINGS.





I CLEAN UP THE KITCHEN AFTER IFTAR.



2021



GIVE SOME CHANGE TO SOMEONE WHO MIGHT NEED IT.



2021



I HELP MY PARENTS DISINFECT THE DOOR HANDLES.



I SAY SOMETHING NICE TO A BROTHER / SISTER / FRIEND.



I CREATE A «RAMADAN MUBARAK» GARLAND.



GREET WARMLY THE PEOPLE THAT YOU MEET.

LEND YOUR TOYS TO YOUR SIBLINGS.



I DRAW A CARD FOR EID TO SUFFERING CHILDREN AROUND THE WORLD.





HELP YOU PARENTS DO THE DISHES.



I PRAY THAT ALL PEOPLE WILL BE HAPPY AND FOR THEM TO HAVE FOOD AND DRINK.