

MAKING THE MOST OF

ذو الحجة

DHUL HIJJAH

YOUR GUIDE TO THE 10 BLESSED DAYS



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FIRST 10 BLESSED DAYS

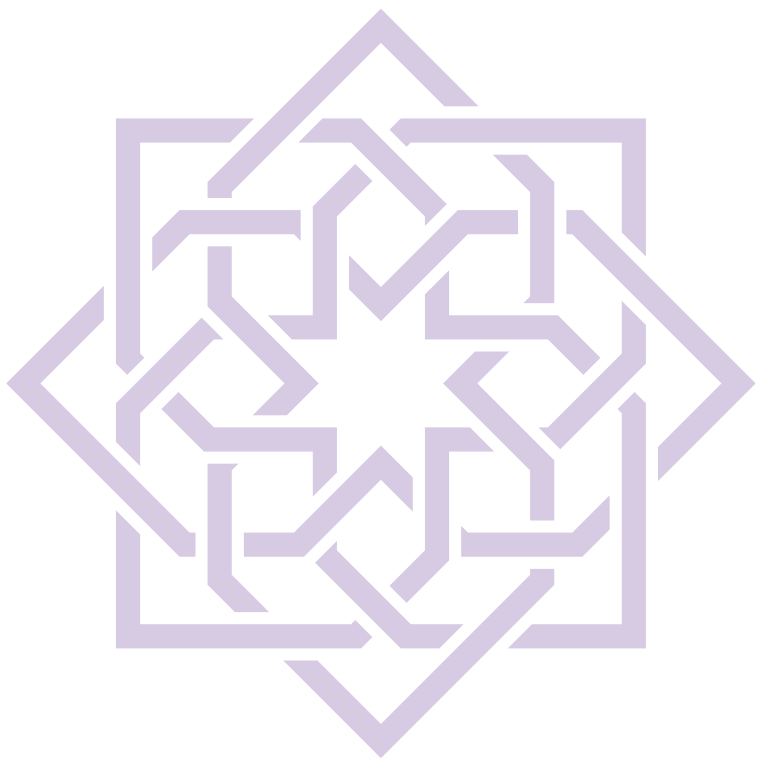
"There is no deed more precious in the sight of Allah, nor greater in reward, than a good deed done during the ten days of Sacrifice."

– Prophet Muhammad ﷺ [Bukhari]

Dhul Hijjah is one of the most sacred months in Islam, and its first ten days are especially beloved to Allah Most High.

It is in these days when millions of Muslims embark on the Pilgrimage (Hajj), following in the footsteps of Prophet Muhammad and our father Prophet Ibrahim in complete submission to Allah. It is also when Eid Al-Adha happens, the second celebration of the Islamic year!

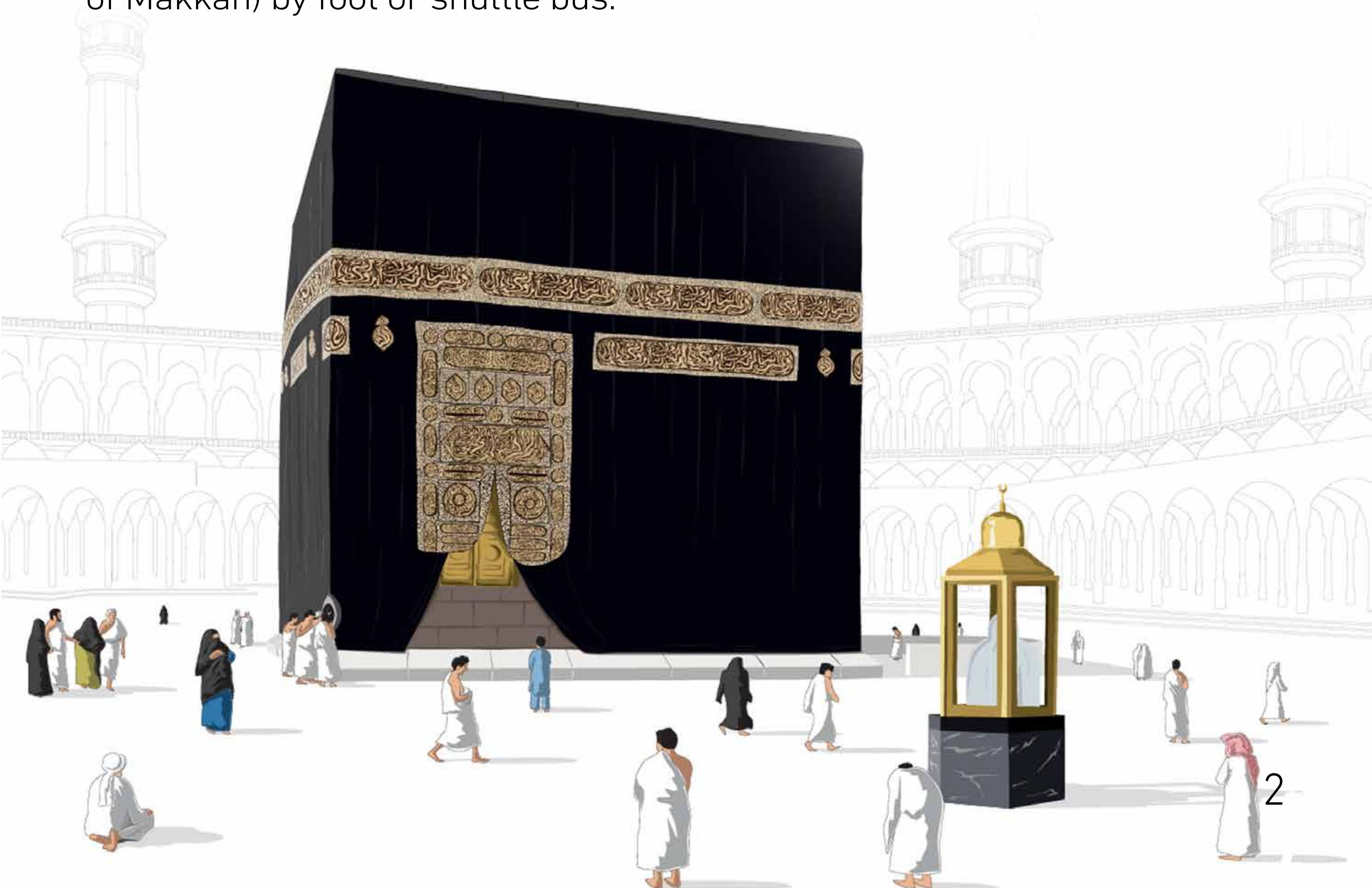
For Muslims throughout the world, it is an especially blessed time with multiplied reward, similar to the last ten nights of Ramadan. It is a chance for everyone to do their best to engage in spiritual devotion, worship and good deeds.

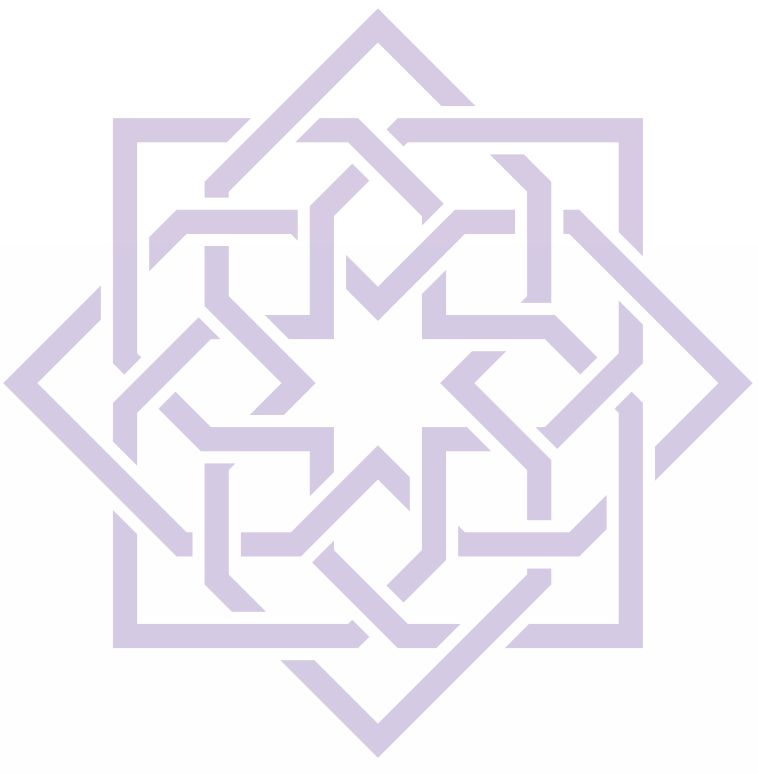


THE DAYS OF HAJJ

8TH DHUL HIJJAH DAY 1 OF PILGRIMAGE

Pilgrims in Makkah begin the rituals of Hajj by performing Tawaf and Saiy, and then make their way to Mina (a small village to the east of Makkah) by foot or shuttle bus.





9TH DHUL HIJJAH DAY 2 OF PILGRIMAGE

This is considered the most important day of Hajj, also known as the Day of Arafah. Pilgrims leave for the plains of Arafah just after dawn. The pilgrims spend the entire day standing (or sitting) around the Mount of Mercy, asking Allah for forgiveness and making supplications.

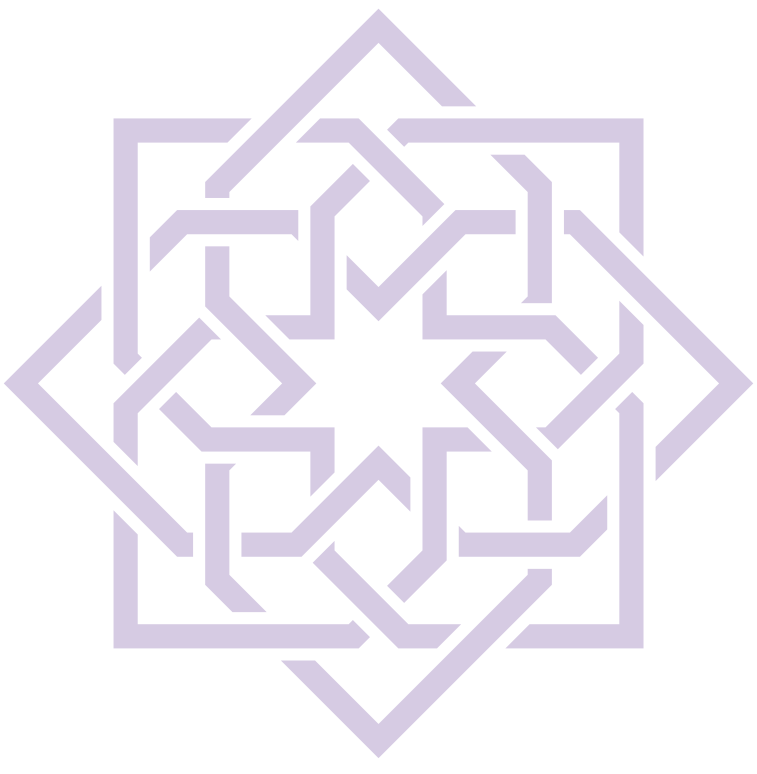
After nightfall, the pilgrims leave Arafat and travel to a nearby open plain called Muzdalifah, roughly halfway between Arafat and Mina. There they spend the night sleeping on the ground under the stars, praying and collecting small stone pebbles to be used the following day.

10TH DHUL HIJJAH DAY 3 OF PILGRIMAGE

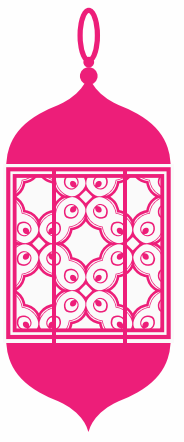
The pilgrims move before sunrise, this time back to Mina. Here they perform the ritual of casting the stone pebbles and thrown at three pillars that represent the temptations of Satan.

This day is called the Day of Sacrifice and is also the day Muslims throughout the world celebrate Eid Al Adha. After casting the pebbles, the pilgrims slaughter an animal (often a sheep or a goat) and give away the meat to the poor. Once the sacrifice is complete, pilgrims have completed Hajj.





WHAT IS QURBANI OR UDHIYA?



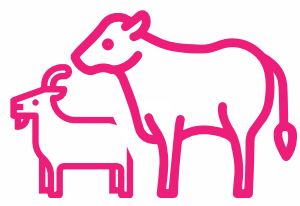
THE SACRIFICE ON EID

Together with the pilgrims in Makkah, Muslims around the world also take part in the sacrifice to commemorate the incredible submission and sacrifice of Prophet Ibrahim. The sacrifice is often referred to in Arabic as “Qurbani” meaning the act of drawing near to God, or “Udhiya” meaning the sacrifice done on Eid.



WHO

While there are some differences of opinion, it is generally agreed that if an adult of sound mind can afford Qurbani, they should perform it.



WHAT

The animals that qualify to be sacrificed are cattle, camels, sheep and goats who are adult and healthy. Before and during their sacrifice, it is mandated that they must be treated with the highest standard of kindness, hygiene and dignity that is outlined for sacrifice animals.



WHEN

The time for sacrifice begins right after Eid ul-Adha prayers on the 10th of Dhul Hijjah, and can be performed until sunset of the 13th of Dhul Hijjah.





HOW TO FULFILL MY QURBANI

You can fulfill your sacrifice easily with Islamic Relief and donate your Qurbani / Udhiya to feed the families who are most in need all around the world.

1 YOU PICK A REGION

- \$ 80 AFRICA**
CHAD • MALI • NIGER • SOMALIA
- \$250 CONFLICT ZONES**
MYANMAR • PALESTINE • SYRIA • YEMEN
- \$300 CANADA**
- \$130 SOUTH ASIA**
AFGHANISTAN • BANGLADESH • INDIA
PAKISTAN • SRI LANKA
- \$300 MIDDLE EAST**
IRAQ • JORDAN • LEBANON

2 OUR OFFICES PRE-ARRANGE AND PAY FOR ALL LIVESTOCK

3 FROM LOCAL FARMS LIVESTOCK MUST BE HEALTHY, AND HYGIENICALLY ETHICALLY TREATED

4 PROCESSED BY US YOUR QURBANI & UDHIYA PRICE INCLUDES ALL COSTS. ANIMALS ARE SACRIFICED FROM THE 10TH - 13TH OF DHUL HIJJAH

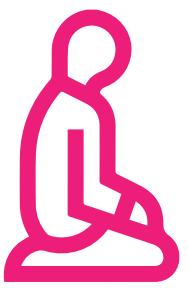
5 TO THE PEOPLE MEAT IS IMMEDIATELY DISTRIBUTED TO PEOPLE PRIORITIZED BY NEED

Based on region, prices are for a goat, sheep, or 1/7th of a cow





MY GOOD DEEDS LIST



INCREASE DHIKR & TAKBEER

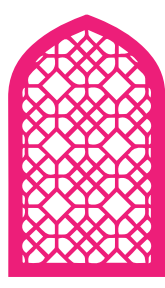
The Prophet asked us to increasingly recite *La ilaha illa Allah, Allahu Akbar, Alhamdulillah* during these days. Try doing this while waiting in traffic, after every prayer, or whenever you check your social media, just take a minute for dhikr as well.



FAST ON THE DAY OF ARAFAH

"Fasting the Day of Arafah (9th of Dhul Hijjah) is an expiation for (all the sins of) the previous year and expiation for (all the sins of) the coming year."

Prophet Muhammad ﷺ
[Muslim]



WORSHIP AT NIGHT

Praying, making dua and seeking forgiveness at night is especially beloved to Allah. If late at night is difficult for you, you can still take advantage of this blessed time right before sleep. Instead of your usual Netflix dose, take 20 minutes for some spiritual down time.



BREAK A NEGATIVE HABIT

These 10 days are a great opportunity to let go of a bad habit that's crept back in. Maybe decrease your social media use, go to bed earlier to wake earlier, or make an effort to stay away from gossip. Set your intentions and scale back a little bit.



GIVE IN CHARITY

The reward of good deeds is multiplied in these 10 days, similar to Ramadan. So this is another great time to give charity in every way: with your wealth, with your actions, and with your time. Perhaps you can do a consistent amount each day to a cause you believe in.



DO A GOOD DEED FOR YOUR PARENTS

One of the best things that a person can have is a righteous child who prays for them. In these blessed days, make your parents a priority and dedicate a good deed to them. Remember, you also get the reward of that good deed. Win win!



MY DAILY TRACKER

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- Did my Dhikr
- Read Quran
- Gave charity
- Helped someone
- Prayed at night
- Made dua

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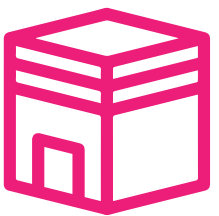
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KEEPING KIDS INVOLVED

3 awesome ideas to engage kids about Dhul Hijjah



MEET A HAJJI

Sometimes, grounding the concept of Hajj into a real person's experience can suddenly make the event come alive for children. Do you know someone your children love speaking with that's been on Hajj? Invite them over for an afternoon to chat about their experience.

Tell your children exactly why they are visiting, and get them hyped up about this chance to talk to someone who's "actually been on Hajj." Invite your children to prepare some questions before they arrive so that there can be a thoughtful discussion.



DRAW OUT OR PRINT THIS HAJJ MAP

This can be a great way for children to visualize where the pilgrims are and what they are doing on each day. Mina, Arafat, Muzdalifah - these names can sound very distant and far away.

Engage your kids by drawing or **printing out this map** and asking them to color it in as you explain what the significance of each location is to the pilgrimage.



CRAFT ACTIVITY

Do a group craft activity, maybe even with other children, while explaining the significance of what you're making together. Whether it's constructing a

little Kaaba, or making an Eid Mubarak banner to hang at home. Get creative and use poster board, fabric or whatever strikes your fancy.



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